
Curriculum Vitae
Michelle Schoenleber

St. Norbert College
2099 Gehl-Mulva Science Center
100 Grant Street
De Pere, WI 54115

Office Phone: (920) 403-2979
michelle.schoenleber@snc.edu
www.peprlab.weebly.com
WI License #: 3381-57

CURRENT POSITIONS

2015-Present **Assistant Professor**
Department of Psychology
St. Norbert College, De Pere, Wisconsin

EDUCATION & TRAINING

2013-2015 **Post-Doctoral Fellowship**
University of Mississippi Medical Center & G.V. (Sonny) Montgomery Veterans
Affairs Medical Center (WOC Appointment)

2006-2013 **Ph.D. in Clinical/Community Psychology**
University of Illinois at Urbana-Champaign (APA- and PCSAS-accredited)
Minor: Personality Psychology

Pre-Doctoral Residency
University of Mississippi Medical Center & G.V. (Sonny) Montgomery Veterans
Affairs Medical Center (APA-accredited)

2002-2006 **B.A. in Psychology, Cum Laude**
Marquette University, Milwaukee, Wisconsin

HONORS & AWARDS

2015 NASSPD Gunderson Young Investigator Award
To recognize outstanding contributions to research/scholarship in personality disorders

2014 W. Stewart Agras Award
To recognize outstanding research/scholarship by a postdoctoral fellow at the Mississippi Consortium

2010 Ed Scheiderer Memorial Research Award
To recognize outstanding research/scholarship by a Clinical/Community Psychology graduate student

2009 List of Teachers Ranked Excellent – University of Illinois at Urbana-Champaign
To recognize superior teaching effectiveness in undergraduate courses

2006 Outstanding Undergraduate Psychology Major Award – Marquette University
To recognize exceptional academic performance, research, and service contributions in psychology

GRANTS & FELLOWSHIPS

2017	Writing across the Curriculum Course Design Fellowship, St. Norbert College
2017	Faculty Development Grant, St. Norbert College
2016-2017	Faculty Fellowship for Community Engagement, St. Norbert College
2016	Faculty Development Grant, St. Norbert College
2015	Faculty Development Grant, St. Norbert College
2009	Departmental Conference Travel Grant, University of Illinois at Urbana-Champaign
2007	Departmental Conference Travel Grant, University of Illinois at Urbana-Champaign

RESEARCH

RESEARCH INTERESTS

- Shame and other self-conscious emotions in the onset and maintenance of psychopathology and maladaptive behavior (e.g., personality pathology, posttraumatic stress, self-injury)
- Development, dissemination, and implementation of evidence-based interventions for shame

PUBLICATIONS

- Schoenleber, M., & Gratz, K. L.** (in press). Self-Acceptance Group Therapy: An open trial of a transdiagnostic, cognitive-behavioral treatment for shame. *Manuscript in press at Cognitive and Behavioral Practice*.
- Tull, M. T., Berghoff, C. R., Bardeen, J. R., **Schoenleber, M.**, & Konkle-Parker, D. J. (in press). An initial open-trial of a brief behavioral activation treatment for depression and medication adherence in HIV-infected patients. *Manuscript in press at Behavior Modification*.
- Schoenleber, M.**, Berghoff, C. R., Tull, M. T., DiLillo, D., Messman-Moore, T., & Gratz, K. L. (2016). Emotional lability and affective synchrony in borderline personality disorder. *Personality Disorders: Theory, Research, & Treatment, 7*, 211-220.
- Berenbaum, H., Chow, P. I., **Schoenleber, M.**, & Flores, Jr., L. E. (2016). Personality and pleasurable emotions. *Personality and Individual Differences, 101*, 400-406.
- Schoenleber, M.**, Roche, M. J., Wetzel, E., Pincus, A. L., & Roberts, B. W. (2015). Development of a brief version of the Pathological Narcissism Inventory. *Psychological Assessment, 27*, 1520-1526.
- Bresin, K., & **Schoenleber, M.** (2015). Gender differences in the prevalence of nonsuicidal self-injury: A meta-analysis. *Clinical Psychology Review, 38*, 55-64.
- Schoenleber, M.**, Sippel, L. M., Jakupcak, M., & Tull, M. T. (2015). The role of trait shame in the association between posttraumatic stress and aggression among men with a history of interpersonal trauma. *Psychological Trauma: Theory, Research, Practice, & Policy, 7*, 43-49.

- Schoenleber, M.,** Gratz, K. L., Messman-Moore, T., & DiLillo, D. (2014). Borderline personality disorder and self-conscious emotions in response to adult unwanted sexual experiences. *Journal of Personality Disorders, 28*, 810-823.
- Schoenleber, M.,** Berenbaum, H., & Motl, R. (2014). Shame-related functions of and motivations for self-injurious behavior. *Personality Disorders: Theory, Research, and Treatment, 5*, 204-211.
- Schoenleber, M.,** Chow, P. I., & Berenbaum, H. (2014). Self-conscious emotions in worry and generalized anxiety disorder. *British Journal of Clinical Psychology, 53*, 299-314.
- Manjrekar, E., **Schoenleber, M.,** & Mu, W. (2013). Shame aversion and maladaptive eating-related attitudes and behaviors. *Eating Behaviors, 14*, 456-459.
- Berenbaum, H., Chow, P. I., **Schoenleber, M.,** & Flores, Jr., L. E. (2013). Pleasurable emotions, age, and life satisfaction. *The Journal of Positive Psychology, 8*, 140-143.
- Schoenleber, M.,** & Berenbaum, H. (2012). Shame regulation in personality pathology. *Journal of Abnormal Psychology, 121*, 433-446.
- Schoenleber, M.,** & Berenbaum, H. (2012). Aversion and proneness to shame in self- and informant-reported personality disorder symptoms. *Personality Disorders: Theory, Research, & Treatment, 3*, 294-304.
- Schoenleber, M.,** Sadeh, N., & Verona, E. (2011). Parallel syndromes: Two dimensions of narcissism and the facets of psychopathic personality in criminally-involved individuals. *Personality Disorders: Theory, Research, and Treatment, 2*, 113-127.
- Schoenleber, M.,** & Berenbaum, H. (2010). Shame aversion and shame-proneness in Cluster C personality disorders. *Journal of Abnormal Psychology, 119*, 197-205.

MANUSCRIPTS UNDER REVIEW & IN REVISION

- Schoenleber, M.,** Berghoff, C. R., Gratz, K. L., & Tull, M. T. Emotional lability and affective synchrony in posttraumatic stress disorder pathology. *Manuscript in revision.*
- Schoenleber, M.,** Milanak, M. E., Schuld, E., & Berenbaum, H. Improving identification of exposure to potentially traumatic events when using checklist measures. *Manuscript under review.*
- Cohen, R. T., **Schoenleber, M.,** Gratz, K. L., & Tull, M. T. Emotional responses to psychiatric hospitalization among inpatients admitted with and without suicidality. *Manuscript under review.*
- Berenbaum, H., Chow, P. I., Flores, Jr., L. E., **Schoenleber, M.,** Thompson, R. J., & Most, S. B. A test of the initiation-termination model of worry. *Manuscript in revision.*

INVITED TALKS & COMMENTARIES

- Schoenleber, M.** (in preparation). Commentary: Competing theories of borderline personality disorder. *Invited commentary in preparation for the Journal of Personality Disorders.*
- Schoenleber, M.** (2015, March). *Shame-related pathways to psychopathology.* W. Stewart Agras Award presentation at the Grand Rounds series, University of Mississippi Medical Center, Jackson, Mississippi.
- Schoenleber, M.** (2014, September). *Shame-related pathways to psychopathology.* Presentation at the Personality Interest Group series, University of Illinois at Urbana-Champaign.
- Schoenleber, M.** (2012, April). *Shame and its regulation in personality pathology.* Presentation at the Clinical/Community Psychology Brown Bag series, University of Illinois at Urbana-Champaign.
- Schoenleber, M.** (2008, April). *The role of shame in Cluster C personality disorders.* Presentation at the Social-Personality-Organization Psychology Brown Bag series, University of Illinois at Urbana-Champaign.
- Schoenleber, M.** (2007, November). *The role of shame in Cluster C personality disorders.* Presentation at the Clinical/Community Psychology Brown Bag series, University of Illinois at Urbana-Champaign.

PRESENTATIONS

* Presented by mentored graduate and undergraduate students.

- * Mu, W., **Schoenleber, M.**, & Berenbaum, H. (2017, November). *Shame and guilt aversions predict PTSD symptoms.* Poster accepted for presentation at the annual meeting of the International Society for Traumatic Stress Studies, Chicago, Illinois.
- Schoenleber, M.** (2017, June). *Problem-solving ability's role in the association between pathological narcissism and aggression.* Poster presented at the annual meeting of the Association for Research in Personality, Sacramento, California.
- Schoenleber, M.**, Peters, J. R., & Anestis, M. (2016, November). *Even when elevated, trait shame is more tolerable if you can externalize blame.* Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, New York, New York.
- Schoenleber, M.**, & Anestis, M. (2016, October). *Psychometric properties and content expansion of the Brief Pathological Narcissism Inventory.* Poster presented at the annual meeting of the Society for Research in Psychopathology, Baltimore, Maryland.
- * Detienne, I. R., Schmidt, A. J., Marohl, K., Blean, B., & **Schoenleber, M.** (2016, June). *Reducing non-suicidal self-injury and emotion dysregulation: Effectiveness of dialectical behavior therapy in a community-based clinic.* Poster presented at the annual meeting of the International Society for the Study of Self-Injury, Eau Claire, Wisconsin.

* Cohen, R. T., **Schoenleber, M.**, Tull, M. T., & Gratz, K. L. (2015, November). *Emotional responses to psychiatric hospitalization among patients admitted with and without suicidality*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Chicago, Illinois.

*** Selected for the ABCT Suicide & Self-Injury SIG Outstanding Poster Award ***

Schoenleber, M., Berghoff, C. R., Gratz, K. L., & Tull, M. T. (2015, November). *Temporal dynamics of emotion in posttraumatic stress disorder symptom clusters in a clinical sample*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, New Orleans, Louisiana.

* Fisher, J. W., **Schoenleber, M.**, Tull, M. T., & Gratz, K. L. (2015, October). *Using interpersonal disclosure to regulate shame related to psychiatric hospitalization*. Poster presented at the annual meeting of the Society for Research in Psychopathology, New Orleans, Louisiana.

* Manjrekar, E., Mu, W., Flores, Jr., L. E., & **Schoenleber, M.** (2015, October). *Self-compassion as a mediator of associations for disordered eating and body dissatisfaction with emotional distress*. Poster accepted for presentation at the annual meeting of the Society for Research in Psychopathology, New Orleans, Louisiana.

Schoenleber, M., Roche, M. J., Wetzel, E., Pincus, A. L., & Roberts, B. W. (2015, June). *Developing a brief version of the Pathological Narcissism Inventory*. Paper presented at the annual meeting of the Association for Research in Personality, St. Louis, Missouri.

Schoenleber, M., & Gratz, K. L. (2015, May). *Development of an evidence-based, cognitive-behavioral treatment for shame: Self-Acceptance Group Therapy*. Paper presented at the annual meeting of the American Psychiatric Association, Toronto, Canada.

Schoenleber, M., Tull, M. T., Messman-Moore, T., DiLillo, D., & Gratz, K. L. (2015, May). *Affective synchrony in borderline personality disorder*. Poster presented at the University of Mississippi Medical Center's annual Neuroscience Research Day, Jackson, Mississippi.

Schoenleber, M., & Gratz, K. L. (2015, March). *Open trial of an evidence-based intervention for shame among individuals with elevated BPD pathology: Self-Acceptance Group Therapy*. Paper presented at the annual meeting of the North American Society for the Study of Personality Disorders, Boston, Massachusetts.

Schoenleber, M., Tull, M. T., Messman-Moore, T., DiLillo, D., & Gratz, K. L. (2014, October). *Affective synchrony in borderline personality disorder*. Poster presented at the University of Mississippi Medical Center's annual Health Sciences Research Day, Jackson, Mississippi.

Bresin, K., & **Schoenleber, M.** (2014, June). *Gender differences in the prevalence of nonsuicidal self-injury: A meta-analysis*. Poster presented at the annual meeting of the International Society for the Study of Self-Injury, Chicago, IL.

* Manjrekar, E., **Schoenleber, M.**, & Mu, W. (2013, May). *Shame aversion uniquely predicts maladaptive eating-related attitudes and behaviors*. Poster presented at the annual meeting of the Association for Psychological Science, Washington, DC.

Schoenleber, M., Verona, E., & Sadeh, N. (2013, February). *Parallel syndromes: Two forms of narcissism and the facets of psychopathic personality*. Poster presented at the University of Mississippi Medical Center's annual Health Sciences Research Day, Jackson, Mississippi.

* Daubenspeck, J., Stovall, L., & **Schoenleber, M.** (2012, May). *Narcissism and psychopathy in a community sample: Further exploring the possibility of parallel syndromes*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, Illinois.

* Diaz, K., Daubenspeck, J., & **Schoenleber, M.** (2012, May). *Impulsivity as a moderator for the relationship between childhood maltreatment and adult suicidality*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, Illinois.

* Stovall, L., Brender, D., & **Schoenleber, M.** (2012, May). *Healthy conscientiousness?: General health in relation to maladaptively high and low conscientiousness*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, Illinois.

* Torri, J., Brender, D., & **Schoenleber, M.** (2012, May). *A first look at aversion to self-conscious emotions in posttraumatic stress*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, Illinois.

Schoenleber, M., Verona, E., & Sadeh, N. (2009, September). *Parallel syndromes: Two forms of narcissism and the facets of psychopathic personality*. Poster presented at the annual meeting of the Society for Research in Psychopathology, Minneapolis, Minnesota.

Schoenleber, M., & Berenbaum, H. (2008, May). *The role of shame in Cluster C personality disorders*. Paper presented at the annual meeting of the Midwestern Psychological Association, Chicago, Illinois.

English, S. M., **Schoenleber, M.**, Niles, T., Arentsen, T., & Nielson, K. (2008, May). *Arousal induced after learning enhances veridical memory and reduces false memory in post event misinformation task*. Paper presented at the annual meeting of the Association for Psychological Science, Chicago, Illinois.

English, S. M., **Schoenleber, M.**, Niles, T., Arentsen, T., & Nielson, K. (2007, May). *Arousal induced after an eyewitness-misinformation task enhances memory accuracy*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, Illinois.

Schoenleber, M., Miller, S.K., & Bobholz, J.A. (2006, August). *The relationship between anxiety and cognitive functioning in multiple sclerosis*. Poster presented at the annual convention of the American Psychological Association, New Orleans, Louisiana.

Schoenleber, M., Miller, S.K., & Bobholz, J.A. (2006, August). *Cognitive profiles in males and females with multiple sclerosis*. Poster presented at the annual convention of the American Psychological Association, New Orleans, Louisiana.

de St. Aubin, E., Skerven, K., Brantley, T., & **Schoenleber, M.** (2006, May). *The generative lesbian: How internalized homonegativity blocks the ego*. Paper presented at the annual meeting of the Midwestern Psychological Association, Chicago, Illinois.

CLINICAL EXPERIENCE

- 2016-Present **Licensed Clinical Psychologist** (#3381-57)
Licensed by the Wisconsin Psychology Examining Board
- 2017-Present **Staff Psychologist**
Foundations Health & Wholeness, Green Bay, Wisconsin
(Formerly American Foundation of Counseling Services)
- 2013-2015 **Post-Doctoral Fellow**
University of Mississippi Medical Center & G.V. (Sonny) Montgomery VAMC
- 2012-2013 **Clinical Psychology Resident**
University of Mississippi Medical Center & G.V. (Sonny) Montgomery VAMC
- 2007-2012 **Student Clinical Intern**
Psychological Services Center, University of Illinois at Urbana-Champaign

CLINICAL SUPERVISING

- 2014-2015 Psychiatry Residency Cognitive-Behavior Therapy Rotation
University of Mississippi Medical Center, Jackson, Mississippi
- 2013 Program of Excellence in Practice & Dissemination of Motivational Interviewing
National Institute on Drug Abuse (R25DA026637); PI: Julie Schumacher
University of Mississippi Medical Center, Jackson, Mississippi
- 2012 Evidence-Based Behavioral Practice Rotation
G.V. (Sonny) Montgomery VA Medical Center, Jackson, Mississippi
- 2011-2012 Stress & Anxiety Clinic
Psychological Services Center, University of Illinois at Urbana-Champaign
- 2010 Dialectical Behavior Therapy Women's Group
Psychological Services Center, University of Illinois at Urbana-Champaign
- 2009 Parole/Probation Assessment Practicum
Psychological Services Center, University of Illinois at Urbana-Champaign

CLINIC ADMINISTRATION & CONSULTATION

- 2017-Present Case Consultant
American Foundation of Counseling Services, Green Bay, Wisconsin
- 2016-Present Administrative Consultant – Dialectical Behavior Therapy Clinic
Bellin Health Riverside Psychiatric Group, De Pere, Wisconsin
- 2014-2015 Clinic Administrator – General Psychology Clinic of the Mississippi Psychology
Residency Training Consortium
University of Mississippi Medical Center & G.V. (Sonny) Montgomery VAMC

TEACHING & MENTORING

- 2015-Present Instructor
 Department of Psychology, St. Norbert College, De Pere, Wisconsin
Courses Taught: General Psychology – Writing Intensive
 Abnormal Psychology
 Personality Psychology/Theories of Personality
 Psychological Interventions/Approaches to Psychotherapy
 Internship & Professional Issues
- 2017-Present Visiting Faculty Mentor
 St. Norbert College, De Pere, Wisconsin
- 2016-Present Undergraduate Independent Study Mentor
 Department of Psychology, St. Norbert College, De Pere, Wisconsin
- 2015-Present Undergraduate Student Research Mentor
 Department of Psychology, St. Norbert College, De Pere, Wisconsin
- 2015 Graduate Student Research Mentor
 Dept. of Psychiatry & Human Behavior, University of Mississippi Medical Center
- 2007-2012 Undergraduate Student Research Mentor
 Psychology Department, University of Illinois at Urbana-Champaign
- 2011 Neuropsychological Assessment Mentor
 Psychological Services Center, University of Illinois at Urbana-Champaign
- 2008-2010 Instructor – Abnormal Psychology
 Psychology Department, University of Illinois at Urbana-Champaign
 ** *Course ratings qualified for the List of Teachers Ranked Excellent* **
- 2006-2008 Teaching Assistant – Introduction to Community Psychology
 Psychology Department, University of Illinois at Urbana-Champaign
Courses: Neighborhoods as a Context for Social Change
 Theories of Psychotherapy
 Special Topics in Psychology: Race & Ethnicity
 Introduction to Community Psychology

PROFESSIONAL AFFILIATIONS

- American Psychological Association
 Division 12 (Society of Clinical Psychology)
Association for Behavioral and Cognitive Therapies
Association for Psychological Science
Association for Research in Personality
International Society for the Study of Self-Injury
Midwestern Psychological Association
North American Society for the Study of Personality Disorders
Society for Affective Science
Society for Research in Psychopathology

PROFESSIONAL SERVICE

Reviewer

<i>Assessment</i>	<i>Journal of Personality Disorders</i>
<i>Clinical Psychology Review</i>	<i>Mindfulness</i>
<i>Cognitive Therapy and Research</i>	<i>Personality and Mental Health</i>
<i>Development & Psychopathology</i>	<i>Personality Disorders: Theory, Research, & Treatment</i>
<i>European Journal of Personality</i>	<i>Psychiatry Research</i>
<i>Journal of Forensic Psychology Practice</i>	<i>Psychological Bulletin</i>
<i>International Journal of Psychology</i>	<i>Psychological Trauma: Theory, Research, Practice, & Policy</i>
<i>Journal of Contextual Behavioral Science</i>	<i>Psychotherapy: Theory, Research, Practice, & Training</i>
<i>Journal of Nervous and Mental Disease</i>	

2017-Present	Committee Member (Elected) – Nominations & Elections Committee St. Norbert College, De Pere, WI
2016-Present	Committee Member (Elected) – Athletic Board St. Norbert College, De Pere, WI
2015-Present	Systems Coordinator – Interdisciplinary Research Participation Pool St. Norbert College, De Pere, WI
2017	Submission Reviewer – Graduate Women in Science Fellowship
2017	Submission Reviewer – International Society for the Study of Self-Injury
2017	Student Poster Awards Judge – Undergraduate Research Forum St. Norbert College, De Pere, WI
2017	Committee Member – Psychology Visiting Faculty Search St. Norbert College, De Pere, WI
2016	Panel Member – New Faculty Development Seminar on Maintaining Scholarship St. Norbert College, De Pere, WI
2016	Panel Member – Psychology Club Panel on Graduate School & Careers in Psychology St. Norbert College, De Pere, WI
2016	Selection Committee Member – James A. & Mary M. Delaney Writing Competition St. Norbert College, De Pere, WI
2016	Student Poster Awards Judge – Undergraduate Research Forum St. Norbert College, De Pere, WI
2015	Panel Member – Psychology Club Panel on Graduate School & Careers in Psychology St. Norbert College, De Pere, WI
2014-2015	Clinical Research Coordinator – Clinical Training Oversight Committee Mississippi Psychology Residency Training Consortium, Jackson, MS
2010	Graduate Student Representative – Graduate Program Admissions Committee Clinical/Community Psychology, University of Illinois at Urbana-Champaign
2007-2008	Graduate Student Representative – Student Advisory Committee
2010-2011	Clinical/Community Psychology, University of Illinois at Urbana-Champaign

REFERENCES

Howard Berenbaum, Ph.D.

Professor, Clinical/Community Psychology
University of Illinois at Urbana-Champaign
603 E. Daniel St.
Champaign, IL 61820
(217) 333-9624
hberenba@illinois.edu

Kim L. Gratz, Ph.D.

Professor & Department Chair, Dept. of Psychology, Clinical Division
University of Toledo
Mail Stop 948
2801 West Bancroft St.
Toledo, OH 43606-3390
(419) 530-2722
klgratz@aol.com

Matthew T. Tull, Ph.D.

Professor, Dept. of Psychology, Clinical Division
University of Toledo
Mail Stop 948
2801 West Bancroft St.
Toledo, OH 43606-3390
(419) 530-4392
matthew.tull@utoledo.edu

Brent W. Roberts, Ph.D.

Professor, Social-Personality-Organizational Psychology
University of Illinois at Urbana-Champaign
603 E. Daniel St.
Champaign, IL 61820
(217) 333-2644
bwrobrts@illinois.edu

Jeanne Gabriele, Ph.D.

Local Evidence-Based Psychotherapy Coordinator
G.V. (Sonny) Montgomery Veterans' Affairs Medical Center
Assistant Professor, Dept. of Psychiatry & Human Behavior
University of Mississippi Medical Center
G.V. (Sonny) Montgomery VAMC
Psychology/Mental Health (116A2)
1500 E. Woodrow Wilson Ave.
Jackson, MS 39216
(601) 362-4471 ext. 5616
jeanne.gabriele@va.gov